



Introduction to Safety and Health Management System

Onsite 8 hours / one day – Optimum class size up to 20 students

Training Description

This training is an introduction to principles and concepts in the following areas; Management Leadership, Worker Participation, Risk and Exposure Identification & Assessment, Prevention & Control, Education & Training, Program Evaluation & Improvement and Communication and Coordination for host employers, contractors, and staffing agencies. An effective safety and health management system can greatly reduce the number and severity of work-related accidents and illnesses, increase productivity, moral and change a company culture.

Training Objective

The objective of this introductory training will be to provide supervisors and managers with a clear understanding of how a Safety and Health Management System (SHMS) can be a proactive approach to preventing workplace accidents and injuries. Learning the principles and characteristics of an effective SHMS and its benefits will create an opportunity for a company to evaluate its current system and improvement in all 7 areas of impact. Terminology, concepts and application methods will be learned and will serve as a step toward process changes needed in order to grow a manufacturing company. These 7 areas impact quality, productivity and compliance.

Skill Attainment

Upon completion of this training, supervisors and managers will be able to apply these principals of SHMS. This will include the basics of developing a safety organizational chart, implementing hierarchy of controls, managing safety data, creating self-evaluation tools and benchmarks, as well as, creating a duplicatable system filled with processes for successful safety, health and wellness initiatives. These skills are transferable within the company, industry and are highly desirable by any manufacturer.



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- Review the agenda and have participants understand the training is a mix of lecture, group activities and group discussion.
- Lecture – Introduction to Safety and Health Management System Options (SHMS)
 - History
 - Terminology
 - 7 Principles of SHMS
- Lecture - Management and Leadership
 - Organization Chart
 - Roles and Responsibilities
 - Group Activity
- Lecture -Worker Participation
 - Impact of Changing the Culture
 - Building Leadership
- Lecture – Risk and Exposure Identification & Assessment
 - Group Activity #1
 - Group Activity #2
- Lecture – Prevention & Controls
 - Group Activity #3
- Lecture – Education & Training Resources
- Lecture – Program Evaluation & Improvement
 - Quality Control and Documentation
- Lecture – Communication and Coordination for host employers, contractors, and staffing agencies.
 - Impact and risks associated with multi-employer worksites
 - Group Activity