



First aid, CPR/Automated External Defibrillation (AED) Training

Onsite – 5 hours. Up to 60 employees per session.

Description

This hands-on skills training prepares participants to respond to breathing and cardiac emergencies. It also teaches the skills and knowledge needed to respond to victims of sudden cardiac arrest through the safe use of an automated external defibrillator (AED).

In this class, participants will learn Adult CPR and AED Training. Child CPR/AED, and/or Infant CPR/AED is optional and will extend training time.

This training is customized based on your industry hazards, risks, exposures both environmental and geographical.

Training includes:

CPR/AED Training (Adult/Child)

- Duty, Role and Responsibility of Rescuer
 - What is CPR
 - Good Samaritan Law
 - 911 Call
 - Scene Safety and Assessment
- Chest Compressions
- Opening Airway
- Giving Breaths
- Use an AED
- Putting it all together
- Help from Others

First Aid Training

- Duty, Role and Responsibility of Rescuer
 - What is CPR
 - Good Samaritan Law
 - 911 Call
 - Scene Safety and Assessment
- Universal Precautions
- How to remove gloves
- Finding the Problem 1. Breathing 2. Bleeding
- Optimal position for injured person



Medical Emergency List

#1 Breathing Problems

- Asthma
- Using Inhaler
- Adult/Child Choking
- Too tall, too short, pregnant and self-choking
- Infant choking – optional
- Allergic Reactions
- Using Epi Pen #2 Bleeding

#2 Bleeding

- Bleeding you can see
 - Using gauze
 - Nose bleed
 - Tooth injuries
 - Eye injuries
 - Puncture injuries
 - Amputation
 - Internal bleeding
- Tourniquets – optional training – see Stop The Bleeding Program. This is an additional fee.
- Shock
- Internal Bleeding you cannot see

Other

- Burns / Electrical Injuries
- Head, Neck and Spine Injuries
- Broken Bones and Sprains
- Splinting- not
- Seizure
- Diabetes
- Fainting/ Concussion
- Stroke
- Heart Attack

Environmental Emergencies – optional, if applicable and appropriate for region

- Bites and Stings
- Animal and human Bites
- Poison
- Tick Bites
- Dehydration
- Heat Exhaustion vs Heat Stroke
- Hypothermia
- Snake and Spider Bites



Skills Attainment

Participants will become certified in First Aid, CPR and AED. They will feel comfortable applying techniques learned to real life situations. Participants will have learned how to recognize when someone needs CPR, how to perform high-quality CPR, demonstrate how to use an AED on and Adult, how to help a person choking, how to control bleeding, how to use an Epi Pen, and how to react to other medical emergencies such as bleeding and injuries.