



Survivor's Mindset – Workplace Violence

Onsite – 3 hours – Optimum class size up to 20 students

Training Description:

This workshop will include lecture, group discussion and physical activities. Participants will be educated on the history, facts, statistics, science and physical methods to learning a survivor's mindset. This is a classroom workshop where participants learn about the science and participate in a simulated breakdown of the processes in an active shooter event while practicing counter measures to each challenge presented by the facilitator.

Training Objective:

This workshop includes the following chapters of discussion; Facts and Statistics, Criminal Mindset, Science, Physiological Challenges, Access and Delays, Communication, See Something Say Something, Evacuation Routes and Planning, Barricade and Disruptive Behavior and Response Principals. The participants will know the hierarchy of survival and be able to use the knowledge and skills from this training in real events.

Participants will participate in isolated tasks and activities that will reinforce the learning concepts and principals begin discussed based on facts, statistics and science.

The statistics and techniques are based on A.L.I.C.E principals (Alert, Lockdown, Inform, Counter and Evacuate).

Skill Attainment:

Participants will gain lifesaving knowledge and skills and practice response options in understanding prevention, awareness, and the concepts of time and distance. They will learn how to disrupt the OODA loop (observe, orient, decide, act), how to use time and distance, learn disruptive behavior and shift a shooter from an offensive position to a defensive position.



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- Lecture and Group Discussion
 - Overview of Survivors Mindset
 - Statistics and Historical Facts
 - Teach Time and Distance
 - Group Activity #1 on Time and Distance
 - Group Activity #2 on Time and Distance
- Lecture and Group Discussion
 - Teach OODA Loop (observe, orient, decide, act) Science and Principles
 - Group Activity on OODA Loop Lecture and Group Discussion
 - Teach Principals of Survivors Mindset
 - Evacuate
 - Mapping
 - Barricade
 - Response Options