



Leadership Growth Foundation and Framework

Virtual – 4 Weeks, 2.5 Hours/Week, 10 Hours Total – Optimum Class Size: 3-6 Participants

Training Description:

Within the Leadership Growth Foundation and Framework, managers and executives will learn timesaving and stress-reducing strategies to organize their roles for greater impact, growth, and results without getting overworked and overwhelmed. Participants will learn how to master people development, team empowerment, and prioritization while gaining confidence, energy, and clarity. The strategies taught will enable participants to be confident leaders of change, and to have a greater positive impact on their company. This training is a combination of online and self-paced material. It is delivered virtually to a group of 3-6 participants in a mix of group discussions and presentations.

Learning Objectives:

- Time management: daily workload reduction, predictive scheduling implementation, administrative waste elimination
- Prioritization: strategic micro-planning, individual and team targets aligned to company objectives
- Delegation: tasks assignment based on team member strengths, team member development and structured decision-making
- Goal Setting: leverage specificity and simplicity to create inspiring, purposeful goals

Participants complete a personal leadership mission statement, 4 weekly progress assessments, and 1 leadership goal-setting activity. They will deploy time-saving strategies in real-time scenarios and establish delegation processes to support their teams' growth and their own professional development as leaders. Weekly online training provides procedures, methods, and examples, and weekly virtual group training sessions are Q&A structure along with self-assessment reviews.

This course teaches middle and senior managers and executives how to optimize their time and minimize their stress so they can advance their leadership presence without getting overworked and overwhelmed.